



Would you like to change your life for the better?

Are you an individual who struggles with some aspects of life due to Dyslexia, Dyspraxia or Discalculia? Or does a loved one struggle for the same reason? Why not let me help you?

I have a passion for enabling others to achieve their potential & undertook my Life Coaching training for this reason. Following completion of the training I made a promise, as all good professionals do, to continue adding to my knowledge. Along the way various interesting courses were offered to me, some of which I did, but none appealed so much as Seeing Spells Achieving – a Unique & Innovative system to teach the brain how to visualize thus enabling life to be made easier for those who struggle.

Having undertaken the Seeing Spells Achieving training in January of this year I have been thrilled with the results that my clients have experienced. My first client (“A” a child of 8) was getting maybe 5 spellings out of 10 correct each week & feeling very disappointed, with poor self esteem & a lack of belief in self creeping in. The sessions continued much longer than they should have done due to my client’s enthusiasm for the process itself! “A” now gets 9 – 10 correct each week & enjoys reading where she didn’t before.

The system can be used by children, teenagers & adult alike. We expect that with children 2 – 3 sessions will give the client enough information that they can use in their everyday life to make significant changes to the way they see the world.

More sessions may be required with the client who is suffering with low self esteem as this is a limiting belief that will affect how quickly the system can be taken on board. Please rest assured that I am an ethical & considerate practitioner who will not extend sessions without a specific need & the permission of the client.

My qualifications are:

- Certificate & Diploma in Life Coaching from Newcastle College;
- a B.Sc. (Hons.) hard earned from the Open University;
- Administration & Analysis of the Myers Briggs Type indicator (MBTi) which I use as a self development tool & to offer career guidance following redundancy, for promotion, restructure within an organization amongst other situations;
- Seeing Spells Achieving;
- Certificate in First Line Management.

I hold Professional Indemnity Insurance & am a member of The European Coaching Institute which has a strict Code of Ethics & is campaigning for Coaching to be regulated to prevent poor quality Coaches being able to practice.

In addition to which I have a great deal of experience of both life & enabling people to find the special qualities they have within them & use them!