

West Herts Women's *festival*

Sunday 29th March 2009

Ramada Jarvis Hotel, Redbourn Road, Hemel Hempstead
Open 10.30am until 4.30pm - Free entry no need to RSVP

**FREE
ENTRY**

No Need to RSVP. Come
on the day & bring
your friends!

Stalls will include...

Jewellery ■ aloe vera products ■ second hand designer handbags
clothes ■ wine tasting ■ body products ■ garden gifts ■ children's books
and floral displays

Free lifestyle workshops (register on the day or see website for more details)

Personal style ■ life coaching ■ relationship advice ■ will writing ■ communication
managing stress ■ osteopathy ■ nutrition and much more!

Taster treatments will include (small charge applies)

massages ■ reiki ■ indian head massage and reflexology

www.whwfestival.com | info@whwfestival.com

or for more information contact Debbie Gilbert 07795 683598